



## **CODE OF CONDUCT PARENTS/CARERS**

As a parent/carer of a member of Balwearie Gymnastics Club you are expected to abide by the following club rules:-

- Discuss the Gymnasts Code of Conduct with your child and help and encourage them to follow it.
- Make a positive commitment to supporting and achieving the aims of BGC gymnasts.
- Conduct yourself at all times, when supporting you child in training, or when attending events at home and away, in a manner that neither brings the sport or BGC into disrepute, nor cause a participant, coach or official embarrassment or humiliation.
- Treat all participants equally and with respect and dignity.
- Help your child to recognise good performance, not just results.
- Never behave in such a way as to undermine your child's coach
- Never force your child to take part in sport.
- Never punish or belittle a child for losing or making mistakes.
- Use correct and proper language at all times.
- Encourage and guide performers to accept responsibility for their own performance and behaviour.
- Support your child's involvement and help them to enjoy their sport.
- Keep the club informed if your child is ill or unable to attend training sessions.
- Always informs coaches/officials of any injury, medical condition or any other issue, which may affect your child's ability to take part in training, competitions or events.
- Always ensure your child arrives promptly for each session/competitions.
- Never leave your child before the session begins, the coach's duty of care starts when the session begins.
- Please ensure your child has the appropriate attire for the session, hair tied up and jewellery removed or covered.
- Do not disrupt your child whilst in a training session.
- Always collect your child promptly at the end of a session.
- Pay fees or any one of payments on time. This will avoid a late payment charge. Any genuine difficulty paying on time should be discussed with a coach or email the club direct.
- Part refunds cannot be given if a gymnast leaves the club in the middle of a month.
- When communications are sent out and a reply is requested, please reply with the information requested in a timely manner.
- Take any concerns you may have to the gymnast's personal coach, head coach (Lynette), one of our child protection Co-ordinators at an appropriate time.

- When contacting coaches out with training times, please do so via the Facebook group or child's personal coach.
- BGC actively encourages the **positive** use of social media. Encourage your child NOT to engage in the inappropriate use of social media (i.e. Facebook, Twitter, Instagram, YouTube etc) this includes negative comments relating to BGC coaches, officials, volunteers, gymnasts and any events. Encourage your child NOT to post comments which can be interpreted as slur, are demeaning or inflammatory etc and to understand that under no circumstances should offensive comments be communicated.
- Accept that the decision of the Head Coach or Board in all matters concerning club members, is final.
- Advise the club if any of your/child's personal or contact details change.
- Conduct yourself at all times, when supporting your child in training, or when attending events home or away, in a manner that neither brings the sport or BGC into disrepute, nor cause a participant, coach or official embarrassment or humiliation. Any parent/adult displaying inappropriate/aggressive behaviour towards gymnasts, coaches, officials or other parents will not be welcome at the club.

### EVENTS:

- Be prepared in advance for any events/competitions. Read carefully the instructions for each event.
- Check outfits prior to events to ensure everything fits and check for any alterations required. Check that undergarments are suitable and not visible.
- Organise transport in advance and advise coaches at least one week prior to the event/competition if you need help with transport. Coach will help out as much as they can but it is ultimately the parent's responsibility to get their child to and from both training sessions and events/competitions.
- Before setting out to events, check over the PLEASE WEAR and PLEASE BRING lists in the final instructions sent out for an event and double check that the gymnasts are wearing the correct items, have hair done and jewellery removed and have all items in their bag. If they want chalk or leotard glue they must provide their own. Please ensure all items are named.
- Arrive in plenty time to allow for traffic, parking, toilet trips, hair touch ups etc. A late gymnast will be stressed all day.
- Parents are never allowed in gymnast only areas at events or competitions and should not make any attempt to contact their child during warm up or during the competition time. Contact, only if necessary, should be made via the gymnast coach.
- Families of performing gymnasts must abide by the rules of the event i.e. no walking around during performances, no flash photography, any other children must stay with parents and be supervised at all times.
- Set a good example by recognising fair play and applauding performances of all those taking part.
- Accept the judgement of the officials.
- Make a positive commitment to supporting and achieving the aims of BGC.
- Recognise each performer and performance for what it is, whether elite or recreational.
- During competitions/events/trips you must be responsible with alcohol.